

Friendship Heights
Village Center



Calendar
of Events

2014

M A R C H						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

Shredding truck in the Village

Shred-it will be back on **Wednesday, April 9**. The truck will park on Friendship Blvd. next to the Village Center from 5 to 7 p.m. Residents are invited to bring paper materials for shredding. *This service is available for Village residents only.*



<h1>Shredding truck in the Village</h1> <p>Shred-it will be back on Wednesday, April 9. The truck will park on Friendship Blvd. next to the Village Center from 5 to 7 p.m. Residents are invited to bring paper materials for shredding. <i>This service is available for Village residents only.</i></p> 							<div>1</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Photography for Children</div> <div>9:15 a.m.: Centennial Saturday: “From High St. to High Rises”</div> <div>10:30 a.m.: Basic Photography</div>
<div>2</div> <div>9 a.m.: Yoga</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>3</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10 a.m.: Great Books</div> <div>10:30 a.m.: Resistance Training For Seniors</div> <div>12:30 p.m.: Bridge Club</div> <div>2:30 p.m.: Acrylic or Oil Painting</div> <div>7 p.m.: Café Muse</div>	<div>4</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>12 – 4 p.m.: Blood Pressure Screening</div> <div>1 p.m.: Balance and Coordination</div> <div>2 – 4 p.m.: Suburban Nurse Specialist</div> <div>3 – 4 p.m.: Tea</div> <div>7 p.m.: Pilates</div>	<div>5</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10:15 a.m.: Yiddish</div> <div>12 p.m.: Chess group</div> <div>1 p.m.: Portraiture in Pencil and Pastel</div> <div>6 p.m.: Yoga with Kathryn</div>	<div>6</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>10 a.m.: Basic Photography</div> <div>11 a.m.: Still Life Painting</div> <div>11 a.m. – 4 p.m.: Village Playtime</div> <div>6:15 p.m.: Scrabble</div> <div>6:45 p.m.: Acrylic or Oil</div> <div>7 p.m.: Movie: Blue Jasmine</div>	<div>7</div> <div>9:15 a.m.: Drop-in Tai Chi</div> <div>10:30 a.m.: Coffee and Current Events</div> <div>10:30 a.m.: Strength Training with Cheryl</div>	<div>8</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Photography for Children</div> <div>10:30 a.m.: Basic Photography</div>	
<div>9</div> <div>9 a.m.: Yoga</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div> <div>11:30 a.m. – 1:30 p.m.: Art Reception</div>	<div>10</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10 a.m.: Great Books</div> <div>10:30 a.m.: Resistance Training For Seniors</div> <div>12:30 p.m.: Bridge Club</div> <div>1 p.m.: Strength Training with Tonya</div> <div>2:30 p.m.: Acrylic or Oil Painting</div> <div>7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</div>	<div>11</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>12 – 4 p.m.: Blood Pressure Screening</div> <div>1 p.m.: Balance and Coordination</div> <div>2 p.m.: Speech Therapy and Support Group</div> <div>2 p.m.: Getting to Know Your iPad</div> <div>2 – 4 p.m.: Suburban Nurse Specialist</div> <div>3 – 4 p.m.: Tea</div> <div>7 p.m.: Pilates</div>	<div>12</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10:15 a.m.: Yiddish</div> <div>11 a.m.: Chair Exercise</div> <div>12 p.m.: Chess group</div> <div>1 p.m.: Portraiture in Pencil and Pastel</div> <div>1 p.m.: Suburban Lecture: “Get Your Back on Track”</div> <div>1 p.m.: Health Insurance Counseling</div> <div>4:30 p.m.: Beginning Bridge</div> <div>7:30 p.m.: Concert: Friday Morning Music Club</div>	<div>13</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>10 a.m.: Basic Photography</div> <div>11 a.m.: Still Life Painting</div> <div>11 a.m. – 4 p.m.: Village Playtime</div> <div>6:15 p.m.: Scrabble</div> <div>6:45 p.m.: Acrylic or Oil</div> <div>7 p.m.: Movie: Nebraska</div>	<div>14</div> <div>9:15 a.m.: Drop-in Tai Chi</div> <div>10:30 a.m.: Coffee and Current Events</div>	<div>15</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Photography for Children</div> <div>10:30 a.m.: Basic Photography</div> <div>12 p.m.: Landon Symphonette</div>	
<div>16</div> <div>9 a.m.: Yoga</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>17</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10 a.m.: Great Books</div> <div>10:30 a.m.: Resistance Training For Seniors</div> <div>12:30 p.m.: Bridge Club</div> <div>1 p.m.: Strength Training with Tonya</div> <div>2:30 p.m.: Acrylic or Oil Painting</div> <div></div>	<div>18</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>11 a.m.: Village Book Club</div> <div>12 – 4 p.m.: Blood Pressure Screening</div> <div>1 p.m.: Balance and Coordination</div> <div>2 p.m.: Getting to Know Your iPad</div> <div>2 – 4 p.m.: Suburban Nurse Specialist</div> <div>3 – 4 p.m.: Tea</div> <div>7 p.m.: Pilates</div>	<div>19</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10:15 a.m.: Yiddish</div> <div>11 a.m.: Chair Exercise</div> <div>12 p.m.: Chess group</div> <div>1 p.m.: Portraiture in Pencil and Pastel</div> <div>4:30 p.m.: Beginning Bridge</div> <div>7:30 p.m.: Tales in the Village</div>	<div>20</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>10 a.m.: Basic Photography</div> <div>11 a.m.: Still Life Painting</div> <div>11 a.m. – 4 p.m.: Village Playtime</div> <div>12:30 p.m.: Vision Support Group</div> <div>6:15 p.m.: Scrabble</div> <div>6:45 p.m.: Acrylic or Oil</div> <div>7 p.m.: Movie: The Butler</div>	<div>21</div> <div>9:15 a.m.: Drop-in Tai Chi</div> <div>10 a.m. – 1 p.m.: Shingles Shots</div> <div>10:30 a.m.: Coffee and Current Events</div> <div>10:30 a.m.: Strength Training with Cheryl</div>	<div>22</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Photography for Children</div> <div>10:30 a.m.: Basic Photography</div>	
<div>23</div> <div>9 a.m.: Yoga</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>24</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10 a.m. – 2 p.m.: MVA Mobile Office</div> <div>10 a.m.: Great Books</div> <div>10:30 a.m.: Resistance Training For Seniors</div> <div>12:30 p.m.: Bridge Club</div> <div>1 p.m.: Strength Training with Tonya</div> <div>2:30 p.m.: Acrylic or Oil Painting</div>	<div>25</div> <div>8:15 a.m.: Walking Club</div> <div>9:30 a.m.: Tai Ji</div> <div>12 – 4 p.m.: Blood Pressure Screening</div> <div>1 p.m.: Balance and Coordination</div> <div>2 p.m.: Genealogy Research Online</div> <div>2 – 4 p.m.: Suburban Nurse Specialist</div> <div>3 – 4 p.m.: Tea</div> <div>7 p.m.: Pilates</div>	<div>26</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10:15 a.m.: Yiddish</div> <div>11 a.m.: Chair Exercise</div> <div>12 p.m.: Chess group</div> <div>1 p.m.: Portraiture in Pencil and Pastel</div> <div>1 p.m.: Health Insurance Counseling</div> <div>4:30 p.m.: Beginning Bridge</div> <div>6 p.m.: Yoga with Kathryn</div> <div>7:30 p.m.: Concert: Beau Soir</div>	<div>27</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Depart for National Harbor</div> <div>9:30 a.m.: Tai Ji</div> <div>10 a.m.: Basic Photography</div> <div>11 a.m.: Still Life Painting</div> <div>11 a.m. – 4 p.m.: Village Playtime</div> <div>6:15 p.m.: Scrabble</div> <div>7 p.m.: Movie: Dallas Buyers Club</div>	<div>28</div> <div>9:15 a.m.: Drop-in Tai Chi</div> <div>10:30 a.m.: Coffee and Current Events</div> <div>10:30 a.m.: Strength Training with Cheryl</div>	<div>29</div> <div>8:15 a.m.: Walking Club</div> <div>9 a.m.: Photography for Children</div> <div>10:30 a.m.: Basic Photography</div>	
<div>30</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>31</div> <div>9:15 a.m.: Fit 4-Ever</div> <div>10 a.m.: Great Books</div> <div>10:30 a.m.: Resistance Training For Seniors</div> <div>12:30 p.m.: Bridge Club</div> <div>1 p.m.: Strength Training with Tonya</div> <div>2:30 p.m.: Acrylic or Oil Painting</div>	<div>An early call for art</div> <div>Two upcoming art shows will be open to all artists in the area. Friendship Heights Village’s “Three Cheers for the Red, White and Blue!” show in July is a popular multi-media exhibit held each year in conjunction with the annual Fourth of July celebration. Ideas for themes include family gatherings, parades, fireworks, picnics, heroes, and, speeches. In September, the Village will once again sponsor a “cuisine-art” show as part of the annual Taste of Friendship Heights. Paintings, photographs or sculpture related to food or food-preparation are suggestions. Look for applications at the Village Center later this spring.</div>					
<div>Shuttle bus hours</div> <div></div> <div>Monday through Friday 6:40 a.m. to 9:40 p.m.</div> <div>Saturday and Sunday 8 a.m. to 7 p.m.</div>							
<div>Village Center Hours</div> <div>Monday through Thursday 9 a.m. to 9 p.m.</div> <div>Friday 9 a.m. to 5 p.m.</div> <div>Saturday and Sunday 9 a.m. to 2 p.m.</div> <div>The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.</div>							